

saw a runner lying under a tree, where aid workers were attending to his cramped legs. Over the siren of an approaching ambulance, an aid worker told me I'd beaten the cut-off by two minutes.

At that point, I knew I had to buckle. Miraculously, I'd stayed well-hydrated (all the Exceed I'd swilled hadn't upset my stomach) and my legs felt okay, so I kept running. It had become easier to run than to walk, and to think of reasons to succeed rather than excuses for failure.

I beat the cut-off time to the last aid station by four minutes. As I ran in, I thought about Jim Sisko, who'd told me a rancid joke I knew I'd forget (and have forgotten), and, paradoxically, about how my beard and mustache had frozen during my long runs last winter. But mostly I thought about the kindness I'd received all day, and hoped I'd passed it along.

As my stride regained a rhythm it had lost hours before, I knew absolute contentment — there was no place I'd rather have been, and absolutely nothing else I'd rather have been doing.

With a mile to go, I saw Tom Taylor standing beside the trail and cheering me on. That so experienced and talented a runner would put aside his disappointment in dropping out to encourage me and the other late finishers means more to me than I can express. Thanks, Tom.

We ultrarunners are blessed with the grace to cover long distances joyfully and comfortably, and with friends and relatives who volunteer their time (and suspend their disbelief in our sanity) to nurture that grace. I may never learn the name of the volunteer who showed me that my cycling cap could hold six ice cubes and still sit comfortably on my head, and she may never learn my name, but grace knows no stranger.

## Ice Age Trail 50 Mile

So. Kettle Moraine S. F., Wisc.  
Trails, rolling hills May 21, 1994

1. Steve Szydluk,27	6:09:56
2. Clement Grum,38	6:11:48
3. Chris Gibson,41,PA	6:51:54
4. Russell Delap,37	6:54:19
5. Roy Pirung,45	6:59:12
6. Rick Stefanovic,32	7:07:37
7. Ron Erhardt,44	7:21:14
8. William Blake,34,MI	7:31:39
9. Bill Antholine,25	7:36:32
10. Tom Bunk,52	7:36:46
12. Mike McAvoy,43	7:46:56
13. Robert Dahl,47,MN	7:52:14
14. Jerry Heaps,38,MN	7:53:00
15. Marty Hoffman,38	7:53:32
16. Jeff Tinchler,37,IN	7:58:56
17. Andrew Klapperich,34	8:04:12
18. Fred Klein,41	8:07:11
19. John Wagner,45	8:10:50
20. Richard Letourneau,46,MN	8:10:56
21. Ross Meyer,43,IL	8:15:33
22. Tim Brown,54,MN	8:18:58
23. Kirk Cox,32,IA	8:21:51
24. Debbie Bennett,35,MN	8:22:47
25. Al Zeller,47,MI	8:24:41
26. Gregory Olson,35	8:27:45



Clement Grum with Steve Szydluk right behind him with just two miles to go.

27. Stuart Johnson,34,KS	8:27:46	76. Tom Truesdale,40,MI	9:27:58
28. Don Weyer,47	8:28:27	77. Jack Donahue,50,MI	9:28:36
29. Brad Drake,39	8:30:15	78. Mark Switala,34,MI	9:28:37
30. Terry Pann,34	8:31:10	79. Jean-Pierre Georges,48,CO	9:28:43
31. Jon Pennycook,33,MN	8:33:52	80. Ted Izou,38	9:29:43
32. Holly Neault-Zinzow,33	8:38:54	81. William Hollihan,63	9:31:58
33. Joan Heimler,44	8:39:09	82. Douglas Pattyson,41,ON	9:32:07
34. John Nesvold,36,IL	8:41:08	83. Mary Bystedt,41,MN	9:32:22
35. Mike Sunderland,34,MN	8:43:26	84. Larry Stimac,45,MN	9:32:23
36. Andy Arena,43	8:44:03	85. Ross Hamernik,39,MN	9:40:03
Jim Blanchard,44	8:44:03	86. Bill Barker,53,IA	9:40:39
38. Bret Schlaeppi,34	8:44:53	87. Bob Lehen,51,OK	9:42:45
39. Steve Krampe,44,MN	8:45:26	88. Bob Telfer,42,IL	9:42:47
40. Ken Burge,43,OH	8:45:37	89. Gene Bartzen,40	9:44:09
41. Jay Kenis,41,CO	8:46:39	90. Joe Blaney,41	9:44:56
42. Timothy Antaya,38,MI	8:48:48	91. Tony Greig,41,IN	9:45:03
43. Thomas Andrews,39,MN	8:52:05	92. Steve Dereamer,42,MS	9:46:01
44. Dennis Mack,42	8:52:50	93. Timothy Dicken,45,MI	9:47:49
45. Mark Stodghill,45,MN	8:53:55	94. Michael Sears,37	9:50:08
46. Greg Steinacker,37,MN	8:55:38	William Wenmark,46,MN	9:50:08
47. Brian Bennett,39,MN	8:57:53	96. Dean Hanke,48	9:50:34
48. Rick Pfeiffer,41	8:59:19	97. Jason Hodde,24,IN	9:53:06
49. Ray O'Malley,34	9:01:00	98. Gregg Redden,51,MN	9:53:52
50. Lowell Mutchelknaus,51	9:01:14	99. Denny Hagele,50,IL	9:58:21
51. Bob Schlosser,57,OH	9:04:20	100. Susan Gimbel,47,CA	9:58:35
52. Greg Nelson,37,MI	9:04:40	101. Chris Donahue,34,IL	10:01:50
Paul Olson,44,MI	9:04:40	102. John Barlow,36	10:02:15
54. Gordon Bartlett,38	9:05:30	103. Brian Schultz,48	10:02:16
55. Ingrid Honzak,45,OH	9:05:55	104. Terry Hutchins,46,MI	10:05:58
56. Bob Stavig,45,MN	9:08:24	105. John Stowers,65,TX	10:06:22
57. Tim Lang,55	9:08:30	106. Kevin Braden,46	10:08:31
58. Jan Schlueter,33,MN	9:08:54	107. Beth Onines,41,IL	10:08:55
59. Paul Paine,55,MN	9:09:23	108. Don Adolf,57,IL	10:09:43
60. John Swanson,34	9:10:59	109. Dave Crone,56	10:12:29
61. Robert Smith,29,IL	9:11:09	110. Jeffrey Lemair,40,SD	10:13:28
62. Mike Proctor,45	9:11:49	111. Tim Roberts,34	10:13:43
63. Larry Lee,37	9:12:56	112. David Frank,49,MI	10:16:46
64. Timothy Block,37,MI	9:12:57	113. Bob Karinen,42,MN	10:17:04
65. Parker Rios,27	9:14:50	114. Barry Duncan,45	10:17:43
66. Daniel Doty,40,MN	9:16:06	115. Tom Green,43,MD	10:17:55
67. Kevin Ash,21,MN	9:18:28	116. Jerry Labodda,58	10:18:09
68. Gerald Martin,43	9:19:38	117. Jim Syracuse,54,IL	10:18:59
69. Tom Andrew,51,MN	9:20:26	118. Patrick Gorman,35,IL	10:19:54
70. Chuck Bundy,62,IL	9:20:49	119. Tony McElligott,41,IL	10:20:36
71. Danny Hill,34,MI	9:20:50	Glen Zirbel,63,IA	10:20:36
72. Mark Kaczmarek,37	9:22:46	121. J. T. Whitworth,57,MO	10:21:57
73. Gord Duncan,47,ON	9:23:32	Bob Rice,41,MO	10:21:57
74. Thomas Zak,29	9:26:02	123. Ken Gilgenbach,56	10:22:24
75. William Watson,48,SD	9:27:57	124. Al Kralovansky,45,IN	10:22:58

123. Edwin Korkia,55,MN	10:23:19	164. Ed Parker,55	10:53:03	Jeff Galt,38,MI	11:19:00	234. Kirk Babicz,35,MI	11:35:47
126. Ed Geb,45	10:23:25	165. Bill Smeaton,67	10:53:05	200. Bob Cramer,41	11:19:08	235. Jeff Goldstein,37,MN	11:36:19
127. Gail Marinaro,34,IL	10:24:43	166. David Michael,40	10:56:56	201. Gerald Reichert,40,ND	11:19:52	236. Steve Perry,51,MN	11:36:25
128. Norman Yarger,55,IL	10:25:30	167. Bonnie Busch,36,IA	10:57:59	202. Carl Touchstone,53,MS	11:20:13	237. Rollin Perry,55,IA	11:37:04
129. Dick West,52,MI	10:29:15	168. Mary Brandt-Croft,48,MN	10:58:21	203. Alex Mattheis,54	11:20:34	238. Michael Schwartz,41,IL	11:38:30
130. Larry Anderson,51,MI	10:29:40	169. Dwane Anderson,35,MN	10:58:28	204. Alfred Lawrence,55	11:20:52	239. N. K. Olson,35,MN	11:38:48
131. Al Czecholinski,46	10:30:44	170. James Mulrenin,56,MI	11:02:23	205. Nancy Gilbert,45,MN	11:21:10	240. Chris Nutting,34,CO	11:39:08
132. Tom Balzola,50	10:31:03	171. Joe Bonno,44,MI	11:02:24	206. Frank Slamar,45	11:21:33	241. Kenneth Turek,51,IL	11:39:32
133. John Schingen,51	10:32:58	172. John Furchak,45,MI	11:02:25	207. Carolyn Erdman,45	11:21:46	242. Stuart Marston,31	11:40:01
134. Tom Rowe,45,MT	10:33:49	173. Eugene Curnow,49,MN	11:03:09	208. James Graham,54,IA	11:22:03	243. Tom Torp,49	11:41:20
135. Eric Seebacher,24	10:34:54	174. Rich Mueller,31,MN	11:03:35	209. Tom Schoenecker,43	11:22:15	244. Jacqueline Donhue,44,MI	11:42:15
136. Phil Starr,43	10:37:18	175. Bonnie Lukowicz,42,IA	11:05:30	210. Michael Glasser,43,IL	11:22:16	245. Jane Laub,44,MN	11:42:24
137. Donald Griffiths,44,TX	10:38:29	176. Jane Moen,39,MN	11:06:13	211. Kevin Ellis,41,IL	11:24:10	246. Mark Laub,45,MN	11:42:25
138. Sherman Hodges,58,IL	10:38:35	177. Bob Ranta,652,MI	11:07:25	212. Mary Beth Nowak,42,IL	11:24:11	247. William Johnson,46,IL	11:43:13
139. Jim O'Connor,50,MN	10:39:28	178. Pamela Jordan,40,CA	11:07:40	213. Edwin Fischer,41	11:24:15	248. Drew Morrison,40,IL	11:44:32
140. Ken Wilson,43	10:39:54	179. Paul Gonzalez,45,IL	11:08:41	214. Debi Hogan,36,IA	11:24:18	249. Ron Brylski,55	11:44:41
141. Richard Miller,52	10:40:26	180. James Cichowski,47,IL	11:09:11	215. Kevin Wilde,36	11:24:19	250. Jim Williamson,55,IL	11:46:41
142. Walt Prochno,40,IN	10:41:07	181. Mel Tweeden,53	11:09:59	216. Jim Lott,38,MO	11:24:57	251. Tim Miller,34	11:47:15
143. John Blanchar,42	10:41:52	182. William Boehm,51	11:10:44	217. John Oxby,51,IN	11:27:03	252. Louise Mason,41,IL	11:47:44
144. Joy Jmms,49	10:42:50	183. Dave Johnson,36	11:11:53	218. Michael De Marr,38,IL	11:27:54	253. Antonio Toledo,45	11:48:08
145. Calvin Peterson,53,MN	10:44:04	184. John Hammetter,34	11:13:12	Larry Jacobson,52,SD	11:27:54	Jim Brieske,50	11:48:08
146. Brian Poeppil,39,MN	10:44:17	185. Dominic Ruffalo,43	11:13:14	220. Renee Simmons,43,IA	11:28:23	255. Burt Carlson,68,MN	11:48:31
147. Jeff Turner,38	10:45:27	186. Grant Christopher,43,MN	11:13:24	221. Sarah Spelt,35	11:29:41	256. Richard Reddy,50,IL	11:48:37
148. Cynthia Sites,37	10:45:45	187. R. Mike Theoharr,48	11:13:28	222. Tom Pariani,36,CO	11:30:56	257. Sylvia Wiegand,49,NE	11:48:39
Mickey Rollins,50,TX	10:45:45	188. Bob Engen,50,MN	11:14:49	223. Fat Rabbit,46	11:31:15	258. Robert Wasson,47,IN	11:48:40
150. Richard Hafner,37	10:45:48	189. Terry Sullivan,36,MO	11:14:58	224. Bill Hamilton,51	11:31:32	259. Timothy Reichert,49,MO	11:48:52
151. Jerry Dunn,48,IN	10:46:07	190. Linda Gentling,42,MN	11:16:09	225. Paul Pelke,40,IL	11:31:37	260. Wayne Nowak,41,IL	11:49:46
152. Gwen Goss,41,OH	10:46:36	191. Duane Miszewski,45	11:16:14	226. Randall Mateo,32,MN	11:31:38	261. Marsha Soucheray,53,MN	11:50:35
153. Shaun Cooper,28	10:47:01	192. Tim Kalina,47,IL	11:16:34	227. Mike Jadrich,41,MN	11:31:39	262. Tammi Phillips,30,IL	11:52:57
154. Jim Sisko,41	10:48:10	193. Lee Penton,46	11:17:25	228. Michael Kent,48,IA	11:33:14	263. David Hughes,48,IN	11:53:55
155. Jim Rickards,46,MN	10:48:56	194. Bill Dickey,54,CA	11:17:51	229. Dick Hogan,47,IA	11:33:16	264. Gregg Heinrichs,29,MI	11:53:56
156. Jim Rittershaus,40	10:49:02	195. Brian Landstrom,42,MN	11:18:01	230. John Moran,66	11:33:30	265. Barbara Van Skike,50,MN	11:53:57
157. Bruce Purdy,37,MI	10:49:58	196. Kathy Hand,39,IL	11:18:36	231. John O'Halloran,36,IL	11:33:54	266. Marvin Sato,55,IL	11:55:26
Rob Apple,32,OH	10:49:58	197. David Gray,40	11:18:59	232. Chester Young,47	11:34:04	267. Jean Johnson,30	11:56:58
159. Andy Nordeen,36	10:50:00	198. William Browning,46	11:19:00	233. Larry Simonson,46,SD	11:35:14	268. Ken Priddy,34,IL	11:57:13
160. Ken Kuehn,39	10:51:11					269. Carter Sherline,33,MI	12:00:00
161. Tom Glacser,39	10:51:46					409 starters	
162. David Giger,33,IL	10:51:56						
163. Dave Faherty,49,NJ	10:52:27						



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