

Wrolstad, Burke Lead Record Field on Ice Age Trail

A record field of 180 runners from 22 states and Canada came to Wisconsin's Kettle Moraine State Forest to run the fourth annual Ice Age Trail 50 Mile. The weather was nearly perfect with partly cloudy skies and temperatures ranging between 50° and 65°.

The rolling, glacial trail that winds through hardwood and pine forests, around numerous lakes, and across grassy meadows was in great condition. An exceptionally warm spring helped create a beautiful scene with lush, green forests and wildflowers in full bloom.

Hoping to improve on last year's second-place finish, Dave Wrolstad charged immediately into the lead. He was followed by a pack that included Rob Peitzman and veterans Harry Sloan and Norm Patenaude. Wrolstad covered the first half of the course in record time, and in the later stages of the race he led by as much as 23 minutes. Sloan began to close the gap in the last five miles, but time ran out and Wrolstad came

in ten minutes ahead of Sloan but more than twenty minutes behind Skip Hamilton's course record.

Jean Burke ran away from the women's field to win easily in 8:53. She seemed to enjoy herself as she ran the entire race with a smile on her face and looking great.

Intense competition throughout the men's race led to some excellent performances. Tim Stieber, running his first ultra, started conservatively and steadily increased his pace to finish a strong third, just edging out Roy Pirrung and masters record-setter Norm Patenaude. Other age-group records were set by Bill Smeaton, and Floyd Doss and Howard Henry who tied in the 60-and-over division.

Before the awards party at Lauderdale Lakes Resort, many runners had a chance to refresh themselves with a sauna, swim, or soak in the spa. Over 300 runners, friends, family members, and volunteer workers attended the party and enjoyed a chicken buffet dinner and beer.

ner and beer.

Following the dinner all finishers under 12 hours were introduced and presented with a beautiful buckle. The party continued into the night with people making new friends, rekindling old friendships, and discussing events of the day.

Tom Ulik

Ice Age Trail Run

Kettle Moraine State Forest, Wisc.
3500' climb
May 18, 1985

1. Dave Wrolstad, 26, ND 6:51:12
2. Harry Sloan, 36, MN 7:01:10
3. Tim Stieber, 22 7:10:10
4. Norm Patenaude, 40, Ont. 7:11:07!
5. Roy Pirrung, 36 7:12:24
6. John Ryder, 36, IN 7:20:37
7. John Naslund, 34, MN 7:26:08
8. Rob Peitzman, 24, MN 7:33:11
9. Dave Vangsness, 25, ND 7:33:44
10. Barry Erickson, 42, OH 7:35:28
11. Dave Barkalow, 27 7:38:15
12. Dick Vincent, 33, NY 7:41:13
13. Pat Whyte, 36, MI 7:42:52
14. Mike Morrissey, 33 7:43:19
15. Andy Deters, 43, MN 7:48:15
16. Jack Healing, 37, TX 7:52:56
17. Jeff Gaft, 29, MI 7:53:03
18. Terry Murphy, 47, MI 7:53:14
19. Blaine Tornow, 30 7:56:30
20. Mike Pelechaty, 30, OH 7:57:49
21. Nick Huige, 43 7:59:48
22. Dave Gray, 31 8:02:54
23. Paul Mingo, 35, MI 8:04:49



It's flat at the finish of the Ice Age 50, where Bill Smeaton is setting a new age group record...



... but along the way the course is a seemingly endless series of ups ...

- 24. Larry Tingle, 40, IN 8:07:46
- 25. Strider Benston, 40, IL 8:12:25
- 26. Skip Burke, 48, MN 8:14:37
- 27. John Leighton, 40, MN 8:15:48
- 28. Douglas Wielgat, 29 8:15:57
- 29. Dave Black, 34, MN 8:16:57
- 30. Jeff Jensen, 23 8:17:17
- 31. Richard Wilcox, 25, MI 8:21:46
- 32. Conn Day, 26, IN 8:28:07
- 33. Ralph Cavaiani, 39 8:28:44
- 34. Larry Buvid, 27 8:30:14
- 35. Wayne Christopherson, 36, MI 8:31:19
- 36. Scott Metcalf, 23 8:32:06
- 37. Phil Schreiber, 26 8:37:38
- 38. Bill Smeaton, 58 8:38:07!
- 39. Greg Kleindl, 35 8:39:13
- 40. Tom Smith, 45, IA 8:42:52
- 41. Tom Jewiss, 39, Ont 8:42:53
- 42. John Soucheray, 44, MN 8:43:42
- 43. Bill Johnson, 41, CA 8:46:34
- 44. Dennis Mack, 33 8:48:16
- 45. John O'Halloran, 27, IL 8:49:32
- Bob Telfer, 33, IL 8:49:32
- 47. Barry Estill, 36, MI 8:49:58
- 48. Charles Frame, 42, MI 8:50:41
- 49. Jean Burke, 38, MN 8:53:26
- 50. Mike Jensen, 20 9:04:04
- 51. Harlow Akins, 40, OH 9:04:58
- 52. Bill Boutang, 38, MN 9:07:29
- 53. George Costello, 43 9:07:46
- 54. Mike Proctor, 36 9:08:54
- 55. John Kanieski, 39, OH 9:10:31
- 56. Randy Ellis, 33, OK 9:13:39
- 57. Steven Clark, 35, MI 9:14:32
- 58. John Ekkens, 39, MI 9:16:34
- 59. Lowell Mutchelknaus, 42 9:16:58
- Andy Arena, 34 9:16:58
- Gary Hauser, 29 9:16:58
- 62. Allen Ruid, 29 9:17:27
- 63. Jeff Maxfield, 29 9:17:58
- 64. Fred Walker, 39 9:19:49
- 65. Paul Christopher, 25, TN 9:23:15
- 66. Ed Geb, 36 9:24:30
- 67. Ernie Kurginski, 45, IN 9:26:07
- 68. Brian Schultz, 39 9:28:31
- 69. Eldon Linnebur, 44, NM 9:28:54
- 70. Gary Noe, 39, VA 9:32:29
- 71. Fred Dubow, 41, IL 9:37:07
- 72. Mohammad Kiarang, 42 9:37:55
- 73. Dave Crone, 47 9:40:04
- 74. Jerry Wagner, 38 9:41:23
- 75. Rick LeTourneau, 37, MN 9:43:53
- 76. Peter Martin, 50 9:45:19
- 77. Jim Knitter, 43 9:46:25
- 78. Lee Von Heimburg, 44 9:46:47
- 79. Kent Willer, 42, IA 9:47:27
- 80. G. E. Jensen, 46 9:50:09
- 81. Mike Carr, 41 9:52:48
- 82. John Shaw, 41, CO 9:54:04
- 83. Bill Boehm, 42 9:54:29
- 84. Jim Williamson, 46, IL 9:55:51
- 85. Norman Frame, 52, MN 9:57:14
- 86. Gasper Pulizzi, 45, IL 10:05:12
- Jim Greenwald, 36, IL 10:05:12
- 88. Doug Baker, 41, SD 10:07:08
- Bill Grass, 45 10:07:08
- 90. Curt Capizzi, 34 10:08:57
- 91. S. Gordon Catterson, 50, IL 10:10:06
- Don Adolph, 48, IL 10:10:06
- 93. Maynard Miles, 48 10:11:29
- 94. John Moran, 57 10:12:27
- 95. Craig Hilgendorf, 37, IL 10:14:22
- 96. Mel Harper, 55, IN 10:14:26
- 97. Nick Aversa, 53 10:16:06
- 98. Dan Hall, 25, MN 10:18:16
- 99. Gene Turnipseed, 52 10:18:49
- 100. Bob Foose, 43, OH 10:18:54
- 101. Gerald Balitewicz, 47, IN 10:20:06
- 102. Dave Allen, 37 10:20:22



... and down. Here Herman Gates and Mike Morrissey (#167) descend; Morrissey eventually finished 14th.

- 103. John Surdyk, 29, IL 10:20:53
- 104. Chuck Stafford, 48 10:21:02
- 105. George Mather, 41, TN 10:22:04
- 106. Sandy White, 36, MI 10:22:26
- 107. Fred Boeder, 57 10:23:40
- 108. Jakob Mattheis, 52 10:23:40
- 109. Alexander Mattheis, 45 10:23:40
- 110. Melda Dean, 56, CA 10:28:26!
- 111. Jim Youngquist, 39 10:28:29
- 112. Jim Korb, 29 10:30:01
- 113. Bill McCloud, 40, MI 10:31:07
- 114. Merle Wanko, 37, OH 10:36:04
- 115. Bruce Parnau, 28 10:47:57
- 116. Peter Schultz, 37 10:48:12
- 117. Dennis Brewer, 39 10:49:08
- 118. Bill Browning, 37 10:49:52
- 119. Jean Gunkel, 40 10:55:25
- Sy Mah, 58, OH 10:55:25
- 121. Lou Kuhns, 49, IL 10:55:37
- 122. Jerry Beiersdorf, 42 10:58:10
- 123. Merlen Baker, 57, IA 10:58:16
- 124. Rodger Ford, 41, AZ 10:59:27
- 125. Howard Henry, 64, IN 10:59:31!
- Floyd Doss, 65, CA 10:59:31!
- 127. Beverly Berger, 38, MI 10:59:38
- 128. Dave Jensen, 47, MI 11:15:44

- 129. Dave Lori, 43, MI 11:18:44
- 130. Bob Wilson, 30, MI 11:19:16
- 131. Phil Veenhuis, 49 11:25:01
- 132. Ken Priddy, 25, IL 11:30:19
- 133. Mick Harper, 33, IL 11:31:24
- 134. Carol Wright, 29, IL 11:34:32
- Abby Glassberg, 25, IL 11:34:32
- 136. Gary Smith, 34 11:34:39
- 137. Dean Mickle, 49 11:36:53
- 138. Andy Lovy, 50, MI 11:37:38
- 139. Gardner Washburn, 47, MI 11:38:03
- 140. John Skornicka, 38 11:38:27
- 141. Carolyn Linnebur, 42, NM 11:39:18
- 142. Douglas Dresen, 36 11:39:39
- 143. Jeff Zalatoris, 25, IL 11:40:15
- 144. Bill Quirk, 47 11:48:21
- 145. Manuel Lopez, 46 11:48:30
- 146. Sherry Stolp, 37, OH 11:49:11
- 147. Mary Taylor, 34, IN 11:49:12
- 148. Betty Schraith, 36 11:53:04
- Over time limit:
- Hunter Goin, 55, IN 17:20:00
- 180 starters
- ! = age group course record

Records Fall at Cool and Rainy Ice Age

A grey overcast day and a threat of showers greeted a record field of 261 runners as they gathered in the glacially formed Kettle Moraine State Forest for the fifth running of the Ice Age Trail 50. Recent warm weather and rain had turned the forest lush and green. Wildflowers, flowering trees, and shrubs were in full bloom and the trail was in great condition.

Tom Zimmerman grabbed the lead from the start and was never challenged. He was well ahead of record pace throughout the race and looked extremely strong as he ran around lakes and through pine forests and meadows. The volunteers carrying fluids and supplies to the aid stations barely kept ahead of him. His time of 6:06:57 lowered the course record by nearly 23 minutes and defeated his nearest competitor by 51 minutes.

Sandra Kiddy, famous for several world and American road records, tried her first trail ultra at Ice Age and dominated the women's race. She too set a new course record, breaking the previous mark by 30 minutes, and finished almost

an hour ahead of her competitors.

Strong performances were turned in by Rob Peitzman, Fred Kiddy, and Craig Hilgendorf. Peitzman took second and was the only other runner under 7 hours. Fred Kiddy took eighth place, lowering the 50+ course record by an hour and a quarter. Third place finisher Hilgendorf destroyed his previous best Ice Age time by an astounding 3 hours and 11 minutes.

The threat of showers held true and it rained frequently during the morning hours. However, the temperature stayed at about 60° and running was pleasant. In the afternoon the rain turned to a deluge, the temperature dropped, and the wind increased. A few runners became chilled, but most didn't mind and continued to have fun (especially at the famous land-fill crossing where the trail turned into a quagmire).

The weather conditions were tough on the more than one hundred volunteers, who stood in mud and ankle-deep water to patrol their aid stations for hours. The workers enjoyed the day neverthe-

less and most put in their claims for the same aid stations next year. They were rewarded with dinner, refreshments, and a standing ovation from the runners at the awards banquet.

Tom Ulik

Ice Age Trail 50 Mile

Kettle Moraine State Forest, Wisc.
Trails, 3500' climb May 17, 1986

1. Tom Zimmerman, 28, MN 6:06:57!
2. Rob Peitzman, 25, MN 6:57:39
3. Craig Hilgendorf, 38, IL 7:03:59
4. John Naslund, 35, MN 7:05:32
5. Al Zeller, 39, MI 7:12:00
6. Tom Bunk, 44 7:14:30
7. Joe Winch, 30 7:21:31
8. Fred Kiddy, 52, CA 7:22:35
9. Saleh Ali, 32, MN 7:31:25
- John Ryder, 37, IN 7:31:25
11. Jim Brown, 28 7:32:00
12. Arnie Sohns, 37 7:33:37
13. Mark Rosolek, 27 7:38:15
14. Dave Vangsness, 26, ND 7:38:59
15. Keith Hileman, 37, PA 7:41:19
16. Andy Deters, 44, MN 7:41:59
17. Jim McIntosh, 33, VA 7:42:29
18. John Souchery, 45, MN 7:43:05
19. Joe Johnson, 36, MI 7:44:54
20. Ray Schlotterbeck, 45, MO 7:45:37
21. Sandra Kiddy, 49, CA 7:48:20
22. Jeff Gaft, 30, MI 7:51:00
23. Dave Barkalow, 28 7:52:40
24. Roy Pirrung, 37 7:56:06
25. Dennis Hagele, 42, IL 7:57:47



Trails are not her preferred terrain, but they didn't seem to bother Sandra Kiddy much as she sped to a course record.



A beer in hand, Tom Zimmerman relaxes after his record run. At the right is race director Tom Ulik.

26. Mike Jensen, 21	8:06:15	107. Dick Conley, 45, MO	10:18:03	155. Bruce Osran, 35, IL	10:59:55
27. Harry Sloan, 37, MN	8:09:07	108. Roy Young, 45, IL	10:18:04	156. Bob LeMere, 42	11:01:17
28. Arthur Moore, 48, OH	8:14:54	109. Peter Martin, 51	10:18:09	157. Joe Pflanzler, 38	11:01:28
29. John Bauer, 44, MO	8:16:19	110. Ed Williams, 56, MO	10:18:31	158. Clark Witmer, 35, IL	11:01:29
30. Greg Lindbo, 32	8:18:14	111. Jim Korb, 30	10:19:22	159. Bob Foose, 44, OH	11:01:46
31. Jeff Maxfield, 30	8:19:15	112. Charles Crawford, 48, IN	10:21:47	160. George Fink, 47, MN	11:02:39
32. Bud Martin, 44, IL	8:22:33	113. Mark DeLorme, 31, MN	10:22:59	161. Bill Morrill, 38	11:03:33
33. Marlow Akins, 41, OH	8:26:06	114. Bob Finin, 26	10:24:51	162. Frederick Webber, 32	11:04:11
34. Guy Meilleur, 35, NC	8:30:53	115. Nancy March, 39, CA	10:25:20	163. John Wallis, 49, MI	11:08:25
35. Sam Gutterman, 38, IL	8:37:28	116. Don Dean, 39, IL	10:25:28	164. J.D. Smith, 42, FL	11:09:22
36. Alice Thurau, 30, PA	8:43:27	117. Bob Brevard, 42	10:25:30	165. Bob Alexander, 39, KY	11:10:27
37. Tim Lang, 47	8:43:08	118. Ed Geb, 37	10:25:40	166. Bob Figuli, 57, MI	11:11:12
38. Russ Spilde, 39	8:44:32	119. Peter Monkres, 39	10:25:42	167. Duncan Suthers, 42, IA	11:11:48
39. Frank Gutmann, 49	8:44:37	120. Ralph Judd, 48, MI	10:27:04	168. Jim Spychalla, 59	11:14:40
40. Mike Jensen, 25, MI	8:44:43	121. Lynn Nutter, 40, IL	10:28:18	169. Eileen Graf, 39	11:15:26
41. David Jensen, 48, MI	8:44:43	122. Alan Gilgenback, 19	10:28:48	Tom Graf, 39	11:15:26
42. Kevin Smeltzer, 26, IN	8:45:14	123. Fred Walker, 40	10:29:34	171. Jim Greenwald, 37, IL	11:17:49
43. Greg Kleindl, 36	8:45:16	124. Kent Willer, 43, IA	10:30:22	172. Gary Devito, 34, IL	11:17:49
44. Dick Buse, 37, IL	8:45:39	125. Cliff Davies, 51, ON	10:30:56	Gaspar Pulizzi, 46, IL	11:17:49
45. Dick Sammons, 48, MI	8:46:10	126. Gardner Washburn, 48, MO	10:31:55	174. Ken Priddy, 26, IL	11:23:00
46. G.E. Jensen, 47	8:46:56	127. Jim Larson, 42	10:32:12	175. Ed Thomas, 56, IL	11:23:37
Bob Hansen, 42, MN	8:46:56	128. Larry Geillings, 43	10:32:41	176. Jeff Denius, 31, OH	11:24:26
48. Saeed Kiarang, 43	8:47:36	129. Mike Rossa, 36	10:32:44	177. Jerry Beiersdorf, 43	11:26:26
49. Mike Malloy, 45, OH	8:48:18	130. Henry Miller, 43	10:32:45	178. Stephanie Dames, 36, OH	11:29:14
50. Bob Bates, 42	8:48:47	131. Ken Gilgenback, 48	10:32:47	179. Jack Sargent, 59, OH	11:29:27
51. Charles Frame, 43, MI	8:48:51	132. Gary Pauly, 35, MN	10:32:55	180. Jim Drews	11:29:39
52. Bob Telfer, 34, IL	8:50:32	133. Dan Campbell, 35, IL	10:32:57	181. Scott Fulton, 31, CO	11:30:17
53. Jim Sapp, 36, OR	8:50:44	134. John Cheely, 34, AZ	10:33:10	182. Jeff Setz, 35	11:30:37
54. Dick West, 44, MI	8:52:07	135. Randall Reinhardt, 39	10:34:19	183. Mike Runnells, 33	11:31:06
55. Bill Wilham, 39, IN	8:54:01	Mike Cleary, 33	10:34:19	184. Gary Smith, 35	11:31:36
56. Gary Hauser, 49	8:54:42	137. David Treece, 31, MI	10:35:58	185. Howard Henry, 65, IN	11:32:02
Andy Arena, 35	8:54:42	138. Suzi Clark, 38, CA	10:38:39	186. Richard Quigley, 46, OH	11:32:07
58. Dennis Mack, 34	8:58:05	139. Gene Thibeault, 40, CA	10:38:39	187. Rodger Ford, 42, AZ	11:32:40
59. Joe Dean, 27	9:00:43	140. Maynard Miles, 49	10:39:34	188. Kathy Schubert, 44, IL	11:34:36
60. Rick Race, 37	9:03:33	141. Strider Benston, 41, IL	10:40:52	189. Gordon Catterson, 51, IL	11:34:48
61. Norm Patenaude, 41, ON	9:05:17	142. Paul Schofield, 54, CA	10:41:01	Don Adolph, 49, IL	11:34:48
62. Bob Kocen, 32	9:05:19	143. Mike Mann, 35	10:41:14	191. Douglas Dresen, 37	11:35:03
Wayne Christopherson, 37, MI	9:05:19	144. Jim Reeve, 43, MI	10:41:22	192. John Peychal, 43	11:35:46
64. Dave Gray, 32	9:06:50	145. Ray Scharenbrock, 52	10:41:30	Dick Kornfehl, 48	11:35:46
65. Jeff Jensen, 24, CA	9:18:00	146. John Kanieski, 40, OH	10:46:26	194. John Skornicka, 39	11:41:46
66. Dave Black, 35, MN	9:18:32	Jim Wanko, 36, OH	10:46:26	195. Chuck Bundy, 54, IL	11:42:36
67. Al Binder, 41, CO	9:19:01	148. Chuck Stafford, 49	10:47:30	196. Alan Hammelman, 33	11:48:35
68. Henry Verfuert, 39	9:20:46	149. Jose Lopez, 33	10:50:06	197. Jim Clapsaddle, 48	11:52:09
69. Jerry Gagner, 34	9:20:57	150. Joe Mooney, 32	10:50:11	198. Mark McCorkle, 35	11:52:10
70. Alex Mattheis, 46	9:22:00	151. Bill Boucher, 42	10:50:15	199. Barry Angarola, 50, IL	11:53:05
71. John O'Halloran, 28, IL	9:27:49	152. Gene Turnipseed, 53	10:53:34	200. Merlin Bauer, 50	11:56:54
72. Brian Schultz, 40	9:29:59	153. Leon Maciejewski, 37	10:53:36	201. Abby Glassberg, 26, IL	11:59:29
73. Merrie Baltramonas, 37	9:30:50	154. Marianne Oberbillig, 37	10:53:47	202. Sarann Mock, 55, OH	12:00:00
74. Bill Beddor, 58, MN	9:31:10			Ken Boucher, 41	12:00:00
75. Dave Crone, 48	9:31:16			261 starters	208 Finishes
76. Bill Smeaton, 59	9:32:49				
77. Dan Knox, 38, OH	9:33:47				
78. Muriel Naumann, 30, IA	9:35:45				
79. Charles Bressler, 45	9:42:32				
80. Noel Nequin, 48, IL	9:44:11				
81. Jim Ready, 52	9:44:34				
82. Steve March, 40, CA	9:46:57				
83. Mike Walsgrove, 43	9:48:15				
84. Jim Youngquist, 40	9:48:34				
85. Jim Williamson, 47, IL	9:49:19				
86. Jerome Hagen, 53, VA	9:49:32				
87. Bill McCloud, 41, MI	9:51:29				
88. Mike Jadrich, 34, MI	9:55:19				
89. Tom Glennon, 28	9:59:11				
90. John Moran, 58	10:00:29				
91. Richard Flayter, 42	10:02:10				
92. Bob Kubiak, 40	10:02:33				
93. George Costello, 44	10:03:27				
94. Martin Weinstein, 51, IL	10:05:15				
95. Jeff Sipola, 28	10:06:46				
96. Norman Moyer, 51, OH	10:11:03				
97. Duane Miszewski, 37	10:12:25				
98. Merle Wanko, 38, OH	10:12:44				
99. Roy Schoonover, 57, AZ	10:14:10				
00. Bill Boehm, 43	10:14:12				
01. Bill Browning, 38	10:14:25				
102. Nick Aversa, 53	10:14:54				
103. Brian Lueck, 28	10:14:57				
104. Tom O'Connell, 35, MN	10:17:48				
105. David Allen, 38	10:17:55				
106. Mike Proctor, 37	10:17:59				

Ups and Downs Along The Ice Age Trail

by Jerry Hagen

We reach so high...

I had never felt better at the 40-mile mark of any race. It's such a wonderful feeling to get to that point and not be slowed by blisters, cramps, sprains, or other problems. I was truly enjoying a runner's high and the elation of having run a well-planned race. I had slowly moved up from the rear of the field of 250+ runners to 57th place at 20 miles and the mid-30s at the 47.1 mile aid station. I had hopes of being quite competitive in my age group (50+).

My wife met me at the 47-mile aid station and encouraged me to try to break 8 hours. Since the time was 7:50 then, I told her that 8 hours was impossible but promised I would break 8:20 and placed my order for finish line refreshments.

The running surface was superb, with lots of grass, pine needles, and good footing despite the rain that was increasing in intensity and a wind that had started to become a factor. I had run the last 15 miles without a singlet as it had been rather warm, but I decided to put it back on as it was starting to get a bit chilly. I was really pumped up and ran what I thought were sub-7 minute miles for 21 minutes before starting to wonder where everyone was. Where were the people, the noise from the finish area and from the cars on the highway adjacent to the finish line?

...and fall so far

By 8:20 I knew I was in trouble but how could that be? The

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